

The Homeschool Herald

The Newsletter Created By and For Homeschoolers

The place to share your creative creations!

Fall 2008



Happy Fall!

By Vered Kleinberger, Program Coordinator for Homeschool Excursions

Welcome to the Fall 2008 issue of the *Homeschool Herald*! We hope you enjoy it!

If this is your first time reading the *Herald*, here's a little information for you. Almost everything in this newsletter is created by homeschoolers. I, the Program Coordinator, usually write an article focusing on plants as well as the introduction on the first page. However, if a student wants to take over these responsibilities, I'll gladly share :-). Just let me know!

Fall is a marvelous time of year! At this moment, I am sitting in my tent at Earthskills Rendezvous (see our Calendar of Events for more information about this amazing event...). It's just finished raining...for the first time in over a month! The air is cooling down, the leaves are starting to change, my dogs are starting to grow thicker coats, Fall is definitely on it's way!

Tonight begins Yom Kippur, the Jewish day of atonement. Thanksgiving is just around the corner. Christmas and New Years will soon follow. It's a good time to remember how lucky we are! (We should do this daily, but sometimes it's good to have a reminder...) The day-to-day can get hectic,

and we can think about all the things we want that we don't have, but really... we're all so lucky! So be sure to thank your parents or guardians for all they do. Tell your family how special they are. Let your friends know how much you appreciate them. And don't forget to notice the little things in life... But most of all... have fun today!

We hope you have a wonderful holiday season! And we look forward to hearing all about it!

What do you do for the holidays? Does your family do anything special? What do you like about Fall? How's school going? Read any good books lately? What have you drawn, painted, sung, played, or photographed recently? Let us know what you're up to! We need homeschoolers like you to fill the pages of the *Herald*!

So that's about it regarding the *Homeschool Herald*. You can send us submissions via e-mail or snail mail. Please contact us with any questions, ideas, or suggestions. We look forward to publishing YOUR creative creations!

Enjoy the Fall 2008 issue of the *Homeschool Herald*!

So... You Think You Know Everything?

- Did you know that there are 206 bones in the adult human body and there are 300 in children (as they grow some of the bones fuse together).
- Flea's can jump 130 times higher than their own height. In human terms this is equal to a 6ft. person jumping 780 ft. into the air.

<http://www.hightechscience.org/funfacts.htm>

Sudoku

2						5		7
	9		1			2		4
					6	9	3	
	5		6	1				
			8		9			
				7	2		4	
	6	9	7					
8		3			1		2	
7		1						8

The numbers 1-9 must be in every column, row, & box



Marie and Daisy

A Bit About Goats... By Marie Swims

Hi! My name is Marie Swims. I have been homeschooled for 3 years. I am in the 6th grade. On August 2, 2008 I went to my first 4-H Goat Show. It was really fun! I showed my Boer Goat, Daisy, who is a paint. Traditionally Boer Goats are a white goat with a red head. We won first place in Showmanship in our class. That is where the judge looks at you and sees how well you handle the goat, if you work well together and have a good relationship with it. They can tell if you have worked with it yourself or had someone else train your goat for you. Then we won fourth place in the Meat Class. That is where they look at the goat to see how much "meat" is on her and to see if her muscles are developing to the breeds standard. Really, it is just like a dog show but with goats!

Boer Goats are used for many things. Showing is one, but many are used for food, eating brush (they can clear a very thick brush area into pasture in no time) and as pets. They are very social animals and like to be around you. You can walk them on a leash and train them to do tricks too! They are not in-home pets though because you can not potty train them. They "poop" every 80 seconds! That would keep you very busy!

I am trying to enjoy showing Daisy this year as much as possible because I will not be able to show her next year. Next year she will not have milk teeth. By the time they are one year old they lose their milk teeth and are unable to be in the show. We will keep her at home to have "kids" and be my pet.

Grandma Cow

By Malaya Stephan

Hi!

I am a 15 year old homeschooler living in Gainesville.

I was really hoping this photo of me and my favorite Grandma Cow could be shared with everyone in the *Homeschool Herald*.

I spend so much of my time loving on and caring for these cows that I love so much.

They are just like great big puppy dogs! They teach me so much.

Love,
Malaya Stephan



"Education is not the answer to the question. Education is the means to the answer to all questions."

-- William Allin

Weeds?

What Weeds?

By Vered Kleinberger

Fall is an amazing time of year for wild edible plants! One of my favorites is the Muscadine! Yum! Yum!!

So you may think that those grapevines are annoying. They grow wherever they want... they can choke out some of your other plants... but they are oh so delicious!!



Muscadines (*Vitis rotundifolia*) are a grapevine species native to the present-day southeastern United States that has been extensively cultivated since the 16th Century. It is found in the wild from Delaware to the Gulf of Mexico and westward to Missouri, Kansas, Oklahoma, and Texas. Many older varieties were selections from the wild, but the Georgia Agricultural Experiment Station and the U.S. Dept. of Agriculture have introduced a number of improved varieties that have become standard cultivars. The earliest named variety was Scuppernong, found growing wild in northeastern North Carolina in 1810 by Dr. Calvin Jones. Scuppernong has become another name for all muscadine grapes. They are well adapted to their native warm and

Continued to page 4

Weeds...
Continued from page 3

humid climate; they need fewer chilling hours than better known varieties and they thrive on summer heat.



M u s c a d i n e grapes are rich sources of polyphenols and other nutrients studied for their potential health benefits. Reports

have indicated that muscadine grapes may contain high concentrations of resveratrol — a polyphenol with reported beneficial health effects. A Mississippi State University nutritionist reported that a purée of muscadine skins and pulp is an excellent source also of dietary fiber, essential minerals and carbohydrates and is low in fat. Muscadine purée powder has more dietary fiber than oat or rice bran. As one of nature's richest sources of polyphenolic antioxidants, muscadines have been studied for their potential health benefits which include preliminary evidence

for effects against cancer mechanisms. To date, in vitro studies have shown positive effects of muscadine phenolics against blood, colon and prostate cancers.

So as you're outside enjoying the wonderful Fall weather, make sure to look up and down. You'll probably see clumps of delicious Muscadines hanging from the trees, and you'll also see them littering the ground. The best way to eat this delicious Fall fruit is to suck the sweet pulp out of the middle and then spit out the seeds and thick skin. Yummy!

Think twice before pulling that weed! You may be throwing away something delicious and nutritious! *Please consult your physician before making any medical or dietary decisions.*

Images and Information:

http://en.wikipedia.org/wiki/Vitis_rotundifolia

<http://msucare.com/lawn/garden/coast/02/images/muscadine.jpg>

<http://www.resveratrol.com/Muscadines.jpg>

<http://www.crfg.org/pubs/ff/muscadinegrape.html>

**Enjoy pictures from our visit to
Sweet Dreams Farm!**

**We had a great day learning about
natural horsemanship!**

**We look forward to
seeing you next time!**



Upcoming Homeschool Excursions Programs

We have many new and exciting activities coming up! Here's a small sample of what's in our future...

- October 15 Duckbill Studio tour in Atlanta
- October 20 Raptors at the Chattahoochee Nature Center in Roswell
- October 23 Hi-Rez Studio tour in Atlanta
- November 6 Good Night Moon at the Alliance
- January 7 Weather Rocks at the Center for Puppetry Arts
- January 13- Stained Glass or Pottery in
February 3 Pickens County (4 class series)

Our Fall and Winter calendars are growing as new programs are added, so check our website often. Remember to refresh your pages!

We look forward to seeing you and your family soon!



Please Support Our Sponsors!

Their generosity subsidizes program costs to reduce Homeschool Excursions' activity fees, and their help makes this newsletter possible.

Home School for the High School Seminar

with Kathleen Duncan

Rome, GA

Monday, October 13, 2008

The Church at Northside

For directions, go to

<http://sites.advancedministry.com/northside>

Click on "New?"

Cost per family: \$60 at the door

Alums who bring their binder pay only \$20 for the seminar.

Additional Cost for those attending the Portfolio Assembly Session:

\$50 at the door

Teens are welcome to come with their parents.

For registration information

<http://www.homeschoolforhighschool.com/Calendar.html>



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the Homeschool Excursions website
for member benefits and
additional information.**

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**Number of homeschoolers in your
household:** _____

**Thank you for your support!
We're looking forward to a
fantastic year!**

**Mail form to:
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PO Box 1283 Jasper, GA 30143**

The Fall 2008 Issue

Fall is an amazing time of year! The air is cooling off, leaves are changing colors, it's time to pull out the sweaters and jackets, and hopefully your school year is off to a great start! And it's the perfect time to write an article for the next issue of the Herald!

We know that the homeschoolers in Georgia are a talented bunch! This issue features a couple of girls who work hard to take care of their four-legged friends...Grandma Cow and Daisy. Read all about it!

Do you have a special pet? What's your favorite animal? Share with us! Send us a picture or article for the next issue of the Homeschool Herald!

Enjoy the Fall issue! Happy Reading!

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